

Academic Staff Profile

Personal Profile

Personal Details

Name: Damaris Shihundu

Title/Qualification: Dr. (PhD)

Department: Educational Communication and Technology

Designation/Position: Lecturer

Email: Shihundu.damaris@ku.ac.ke

Contact Address: 43844 00100 NAIROBI

Area of Specialization:

- Home Economics Education,
- Teacher Education
- Competency Based Education
- Competency Based Assessment
- Community Resource Management

Research Interests:

- Pedagogies in Home Economics Education,
- Teacher Education
- Competency Based Education
- Psychosocial Wellbeing in Children

ORCID ID: <https://orcid.org/0009-0000-1755-9781>

Google Scholar:
https://scholar.google.com/citations?hl=en&user=Fd_5s40AAAAJ



Academic & Professional Qualifications

- Doctor of Philosophy -Community Resource Management
- Master of Education (Home Economics)
- Bachelor of Education (Home Economics)

Employment History

- Kenyatta University 2023 to date (Lecturer- Home Economics Education)
- St John's Teachers Training College, Kilimambogo (TSC) 1996-2023 (Lecturer, Head of Subject-Home Science, Senior Lecturer, Head of Department-Examinations, Dean of Curriculum, Deputy Principal)

- Goibei Girls High School 1993 (Graduate Teacher)
- Kenyatta University 2009 -2023 (Part time)
- Machakos University 2016 (Part time)
- KCA University 2015 (Part time)
- Technical University of Kenya 2014 -2018 (Part time)
- South Eastern Kenya University 2013 (Part time)

Achievements

Kenyatta University, School of Education and Lifelong Learning, 2025 Conference Planning Committee member; The 11th International Annual School of Education and Lifelong Learning Conference, (Chairperson Hospitality Sub-Committee)

Committee member Technical and Vocational education Training Authority (TVETA) Programs; Develop and implement TVET programs for Kenyatta University.

University of Embu Course Programme-Home Economics, Bachelor of Education programme for 4 years, 2025

Kenyatta University -School of Education and Lifelong Learning-2024

Market Survey Committee (Team Leader); School of Education and Lifelong Learning: conduct market survey on Competency Based Curriculum to inform revision of University curriculum reforms in line with Commission for University Education Requirements

Conference Planning Committee member; The 10th International Annual School of Education and Lifelong Learning Conference, 3rd to 4th October, 2024

Tharaka University, Developed Home Science Education Degree Programme (4 years), 2021

Kenyatta University Revised Home Economics Methods Course Description for Competency Based Education, 2019

Head of Performance Contracting- St John's Teachers' Training College Kilimambogo, 2008-2013

Office of the Prime Minister Public Sector reforms & Performance Contracting, Performance Management Training 22nd to 24th June, 2009, Kenya Utalii College, (Results Based Management, Design and implementation of PCs, Citizen Service Delivery Charters, Performance M & E, Rapid Results Approach, Performance Appraisal Systems, Performance, Appraisal Systems, Designing Annual work Plans, Transformative Leadership, Project M & E)

Publications

Referred Journals

- **Shihundu, DA**, Kathuri-Ogola, L, Waudu, J & Koinange, W (2019). Relationship between the type of psychosocial support available in the community and psychosocial well-being of children affected by HIV AND AIDS in Kiambu County, Kenya. *International Journal of Social Sciences and Information Technology* ISSN 2412-0294 Vol IV Issue XI, November 2019 pp 84-94.
- **Shihundu, DA**, Kathuri-Ogola, L, Waudu, J & Koinange, W (2019). Relationship between care provided by foster families and psychosocial well-being of children affected by HIV and AIDS in Kiambu County, Kenya. *International Journal of Social Sciences and Information Technology* ISSN 2412-0294 Vol IV Issue X, October 2019 pp.128-141
- Shihundu, D., The Impact of Maternal Nutrition on the Nutritional Status of Children under Five Years in Butere Division, *South African Journal of Clinical Nutrition* in July 2002, Vol. 15, No. 2 (Supplement, S1- S 48)

Books and Books Chapters

Shihundu, D. A, & Orado, G. N. (2025). *A Handbook on planning for teaching, lesson implementation and assessment for learning in the competency-based curriculum*. VineWiz Graphics ISBN:978-9914-778-58-8

Orado, G. N., Mwangi, F.G., Wambasi, A.W., Mbacho,N.W., & **Shihundu, D.A**. (2025). *A guide to conducting, reporting and disseminating research in social sciences*. VineWiz Graphics

Mbaabu, D., Musungu, D., Kageni. S., **Shihundu, D.**, (2024). *Agriculture Learner's Book*. Moran Publishers. (Nairobi)

Shihundu, D., (2022). *CBC Breakthrough Workbook Grade 6*. Moran Publishers. (Nairobi)

Shihundu, D., (2021). *CBC Breakthrough Workbook Grade 5*. Moran Publishers. (Nairobi)

Shihundu, D., (2019). *CBC Breakthrough Workbook Vol 2 Grade 3*. Moran Publishers. (Nairobi)

Conference/Workshops/Seminar Papers

Conference Papers

Shihundu, D., The Impact of Maternal Nutrition on the Nutritional Status of Children under Five Years in Butere Division, (2002)

Workshops Papers

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Seminar Papers

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Student Co-authored Publications

Wovenu, M; Ondigi, S. R; **Shihundu, D. A** & Kassah, J. K. (2026). Assessing the Relevance of Technical University Students' Competencies to Fashion Industry Demands in Volta and Greater Accra Regions of Ghana. *Journal of African Interdisciplinary Studies, 10(2), 75 – 89.* (JAIS): ISSN 2523-6725 (online) February 2026 Vol. 10, No. 2

Other Publications

HIV/AIDS Awareness and Capacity Building for St. John's Teachers' Training College-Kilimambogo, Presented to the Ministry of Education.

St. John's Teachers' Training College- Kilimambogo, HIV/AIDS Policy

St. John's Teachers' Training College- Kilimambogo, Strategic Plan 2007-2012

Performance Contract between the Permanent Secretary Ministry of Education and Board of Governors St. John's Teachers' Training College- Kilimambogo, 2008-2009

Developed the St. John's Teachers' Training College- Kilimambogo, Service Delivery Charter

Research

Cost, Finance and Equity in Secondary Schools-University of Nairobi/World Bank, 1995
Research Assistant- Duties included collecting, entering and coding of research data

Funded Projects

PhD, research project, Thesis Title: '*Determinants of Psychosocial Well-being of Children affected by HIV and AIDS in Kiambu County, Kenya*'. Awarded research grants from National Research Fund (2016) for data collection.

HIV/AIDS Awareness and Capacity Building for St. John's Teachers' Training College-Kilimambogo, Presented to the Ministry of Education.

Conferenced/Workshops/Seminars Attended

Conferences Attended

3rd National Conference on Curriculum Reforms (Ministry of Education) 16th August 2019, Kenyatta International Convention Centre (KICC) COMESA Grounds

Presented at Kenyatta University Post-Graduate Seminar, on 6th December 2019.

Determinants of Psychosocial Well-being of Children affected by HIV and AIDS in Kiambu County, Kenya'.

Nutrition, Home Based Care, support, Stigma and Discrimination in HIV/AIDS during Skills Training for Behavior Change Programme at Kilimambogo Teachers' College 5th – 7th May, 2008

Presented Paper on Nutrition and HIV/AIDS during HIV/AIDS Awareness Programme at Kilimambogo Teachers' Training College, 8th May 2006

Presented at Kenyatta University Post-Graduate Seminar, on 6th October 2005.

The Impact of Maternal Nutrition on the Nutritional Status of Children under Five Years in Butere Division,

Poster presentation at IT in the Advancement of Nutrition in Africa workshop (ITANA 2002). The Impact of Maternal Nutrition on the Nutritional Status of Children under Five Years in Butere Division, Held at Intercontinental Hotel, Nairobi Kenya. 21st – 24th July 2002

Workshops Attended

Kenyatta University, School of Education and LifeLong Learning in collaboration with UNESCO and Ministry of Education, Connect with Respect Workshop for Teacher Educators, 12th to 14th November, 2025.

University of Embu, Stakeholder's Forum to Review the Bachelor of Home Science Curriculum, 17th, October, 2025.

Kenyatta University, School of Education and LifeLong Learning in Collaboration with Firefly Edtech Solutions Ltd, AI and Digital Assessments (AIDA) Training for Faculty Members, 22nd to 24th, July, 2025 as a Certified Digital Assessor- Foundation Level 1.0

Kenyatta University, School of Education and LifeLong Learning in Collaboration with TVETA, Competency-Based Education Training and Assessment (CBETA), on Development of National Occupational Standards, 9th to 11th, June, 2025.

Kenya Institute of Curriculum Development, Developed, Home Science Curriculum Designs for Grades 12 Home Science for Competency Based Curriculum, 26th February to 2nd March, 2025.

Kenya National Examination Council, Kenya Junior School Education Assessment (KJSEA), Course Panel Meeting, 26th, February, 2024.

Kenya Institute of Curriculum Development (KICD), Stakeholders Meeting on Senior School and Teacher Education 3rd April, 2024.

Kenya National Examination Council, Facilitator and Trainer of Trainers Workshop on Item Writing for Competency Based Assessment, 24th-29th, April, 2023 - (Kahuhia Girls High school- Murang'a County)

Kenya National Examination Council, Editing Competency Based Assessment Framework for Upper Primary and Intermediate Levels, 29th August to 2nd September, 2022.

Kenya Teachers' Colleges Principals Association, Principals and Deans of Curriculum workshop, 6th to 8th October, 2021, Dairy Training Institute (DTI) Naivasha.

Kenya Institute of Curriculum Development, Developed, Home Science Curriculum Designs for Grades 10, 11, 12 (Clothing and Textiles) for Competency Based Curriculum, 2020.

Kenya Institute of Curriculum Development, Developed, scope and sequence for Grades 10, 11, 12 (Clothing and Textiles) for Competency Based Curriculum, 2020.

Humanware Solutions, Effective Leadership and Managerial Skills Training, (St John's Teachers Training College) 7th – 8th November 2018.

Kenya National examination Council, 26th January, 2018, Panel Meeting Diploma I Teacher Education Home Science (DTE)

External Teaching Practice Assessor for Primary Teachers Colleges, 2017 (Ministry of Education, State Department of Basic Education).

Quality Management Systems (Internal Quality Auditing) ISO 9001:2015 Quality Management Systems 24th -26th May 2017. ISO Auditor.

Information and Communication Technology Authority (ICT), Information Security Management Systems (ISMS) Training 8th -10th May 2014, St. John's Teachers Training College.

SMASE Regional Trainers' Induction Workshop, 22nd-23rd October, 2012 CEMASTE-A-Nairobi.

Item Writing Workshop, Theme: Integrity & Quality in Assessment, 23rd -27th, April, 2012, Kenya National Examination Council- (Starehe Boys' Centre Nairobi).

SMASE Regional Trainers' INSET 2012 Course, 12th-24th, March, 2012, CEMASTEANairobi.

Kenya National Examination Council Item Writing Workshop, Theme: Integrity & Quality in Assessment, 11th -15th, April, 2011 -Nairobi.

SMASE Regional Trainers' INSET 2011 Course, 13th-26th, March CEMASTEANairobi

Analysis of Primary Teacher Education Examination (PTE- Home Science) 2010, Kenya National Examination Council- Nairobi December, 15th 2010.

Kenya Institute of Education Editing Adult Teacher Education Curriculum Syllabus (Home Craft & Care), 1st -7th, November, 2009 -Nairobi.

Ministry of Education and USAID National Primary Teacher Trainers Induction Course (College level training of tutors) May 22nd –June 5th, 2009.

Education Administration and Management Course, Mbabane, Swaziland, 6th – 30th April 2009. African Continent for Management and Development Training.

Ministry of Education and UNICEF Creating Child Friendly Schools Workshop-Mombasa Polytechnic, 15th-21st February 2009.

Primary Teacher's Training Colleges Tutors Workshop on Strengthening of Mathematics and Science at CEMASTEAN Karen, 27th April-10th May 2008.

Eastern African Regional Workshop on HIV/AIDS Toolkit: Tertiary Institutions Responding to the Pandemic at Kenya School of Monetary Studies Nairobi, 27th June- 1st July, 2006.

Workshop on Training of Trainers (TOTS) on HIV/AIDS, Ministry of Education at KCB Management Centre, Karen 26th February-4th March, 2006

Proposal Writing and Fundraising workshop Kilimambogo Teachers' Training College, 2005

Review of the Non-formal Education Syllabus, Izaak Walton Inn Embu, Ministry of Education and UNICEF, 2003

Seminars Attended

The Kenya National Examination Council in collaboration with the British Council and Skill Builder Partnership: Teaching and Assessment of Core Competencies. 9th to 11th, August, 2023, KNEC Office South C.

British Council in collaboration with the Kenya National Examinations Council, Skill Builder Partnership: Development and Assessment of Core Competencies; Lower and Upper Primary Education Framework, 12th to 15th May, 2022. Nairobi.

Seminar on Performance Contracting- June 22nd -24th, 2009 Kenya Utali College

The Impact of Maternal Nutrition Education on the Nutritional Status of Children under Five Years Old in Butere Division, Post graduate seminar Kenyatta University 3rd -7th October, 2005

Seminar on Performance Contracting- Kenya Utali College, 17th -20th March 2008.

Validating KESI Curricula for Education Officers, Institutional Managers, BOG and SMC members at K.I.E, 8th -11th May, 2006

Interpretation and Implementation of the Primary Teacher Education Curriculum at Murang'a Teachers' Training College, 2005

IT in the Advancement of Nutrition in Africa (ITANA 2002) Held at Intercontinental Hotel, Nairobi Kenya 21st – 24th July, 2002

Supervision of Postgraduate Students

Masters

- | | |
|----------------------------|-------------------|
| 1. Rhoda Mutindi | E55/CE/25360/2024 |
| 2. Beth G. Mwit | E55/CE/24888/2024 |
| 3. Jemmimah Mawondo Manga | E55/CE/22196/2022 |
| 4. Holroyd Eliakim Omutiti | E55/CE/22192/2022 |
| 5. Nyawira A. Mwenda | E55/CE/20812/2022 |
| 6. Dickson Lubang'a | E55/21392/2021 |
| 7. Tabith Mwende Muema | E55/CE/20512/2021 |
| 8. Phinorah Kaburu Kawira | E55/CE/21304/2020 |
| 9. Jacinta Nanyama | E55/CE/34356/2016 |

Ph. D

- | | |
|----------------------------|---------------------|
| 1. Mawutor Wovenu | E83F/20784/2021 |
| 2. Patrick Afful | E83F/25172/2018 |
| 3. Francis Mutisya Mwaniki | E83/25730/2024 |
| 4. Liza Minishi Lusanji | E83/CTY/253000/2024 |

Professional/Consultancy (Editor/Peer review in journals, Networks/ Collaborations, External Examiner, Patents)

Professional Consultancy

- The World Bank, Republic of Kenya and Kenya National Examination Council, Monitoring Learning Achievement (MLA) Among Form 2 Students in Kenya: Midline Study, October, 2021. Financed through the Secondary Education Quality Improvement Project (SEQUIP). Part of a Team that participated in the write-up of the study Report.
- The World Bank, Republic of Kenya and Kenya National Examination Council, Monitoring Learning Achievement (MLA) Among Form 2 Students in Kenya: Endline Study, October, 2024. Financed through the Secondary Education Quality Improvement Project (SEQUIP). Part of a Team that participated in the write-up of the study Report.
- University of Embu Curriculum Development for Bachelor of Home Science Education programme for 4 years
- University of Tharaka Curriculum Development for Bachelor of Home Science Education programme for 4 years
- KNEC-Contracted Professional (Home Science, Teacher Education, National Assessment, Centre- Research in Assessment)
- KICD-Subject Panel Member, Home Science Curriculum Development (CBC and Teacher Education).

Editor/Peer review

- KICD Home Science Curriculum Design

Community Service and Other Engagements

- Friends Church Quakers, Nairobi Yearly Meeting-Education Commissioner

Affiliation of Professional Bodies

KENYA NUTRITIONISTS & DIETICIANS INSTITUTE, Registered Nutritionist/Dietician No G/1410/4- 2014

National and International awards and Recognitions

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Administrative Positions Held

Recognized university administrative positions

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Other administrative positions Held

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