

## ACADEMIC STAFF PROFESSIONAL PROFILE FORM

### 1. Personal Data

<b>Name:</b> Dr. Esther N. Waithaka
<b>Title/Qualifications:</b> PhD
<b>Department/Unit/Section:</b> Early Childhood and Special Needs Education
<b>Contact Address:</b> PO Box 43844 Nairobi
<b>Position:</b> Senior Lecturer
<b>Area of Specialization:</b> Child development, children's play and social interaction, Parenting, Family guidance and counseling, Oral literature in childhood, Use of indigenous languages, Development of numeracy and literacy in early childhood.
<b>Research Interests:</b> Early childhood education, Dynamics of children's play and early stimulation, Children's social and moral development, Use of indigenous languages and folklore in childhood , Role of the community in early childhood programmes, Primary school Education



### 2. Conference Presentations -

S/No	Presenter	Title of Paper presented	City/Country	Date of Conference	Funding (US\$)
	Dr. Esther Waithaka	Use of Mother Tongue in Kenyan preschools	Kenyatta University, Kitui Campus	March 22 <sup>nd</sup> 2019	
	Dr. Esther Waithaka, Dr Gladwell Wambiri & Dr Mary Ndani	Parental Engagement in Children's Reading: Teachers' Role in Competency Based Curriculum	Kenyatta University	October 5 <sup>th</sup> 2018	
	Dr Gladwell Wambiri, Dr Mary Ndani & Dr Esther Waithaka	Parental Engagement in Children's Reading in The Competence Based Curriculum	Kenyatta University	October 5 <sup>th</sup> 2018	
<b>1.</b>	Dr. Esther Waithaka	Use of Play pedagogy in Kenyan Preschools	Kenyatta University	October 5 <sup>th</sup> -6 <sup>th</sup> 2017	

2.	Dr. Esther Waithaka	Integration of play in teaching/learning in early childhood centres in Kenya	Kyambogo university ; Uganda	August 1 <sup>st</sup> -4 <sup>th</sup> 2017	
3.	Dr. Esther Waithaka	Challenges on play research in Kenya	Lithuanian University of Educational Sciences, Vilnius	June 14 <sup>th</sup> - 17 <sup>th</sup> , 2017	
4.	Dr. Esther Waithaka	Averting Violent Behaviour among Preschool Children	Kenyatta University	6 <sup>th</sup> -7 <sup>th</sup> October, 2016	
5.	Dr. Esther Waithaka	Choice of the medium of instruction in Kenyan preschools: Gauging Xenocentrism	Kenyatta University, Kenya	8 <sup>th</sup> to 9 <sup>th</sup> October 2015	
6.	Dr. Esther Waithaka	Revitalization of children's play: Parents' perceptions and practices in Kiambu County, Kenya	Kent State University USA	2 <sup>nd</sup> -to 5 <sup>th</sup> November 2014	
7.	Dr. Esther Waithaka	Play in Kenya	The Golda Meir Mount Carmel	17 <sup>th</sup> March 2014	
8.	Dr. Esther Waithaka	Teachers' perceptions on Children's play,	Kenyatta University Nairobi Kenya	Nov 4 <sup>th</sup> , 2013	
9.	Dr. Esther Waithaka	Children's Involvement in Play and Games in Early Childhood Centres in	Clemson University , South Carolina	February 17 <sup>th</sup> to 20 <sup>th</sup> , 2013	

		Kiambu County, Kenya			
10.	Dr Esther Waithaka	Media coverage on child trauma issues, Nairobi, Kenya	Catholic University; Nairobi Kenya	July 12th- 15th, 2011	
11.	Dr.Esther Waithaka	Children's Involvement in informal Play in Kenya.	Kenyatta University Kenya	21 <sup>st</sup> August 2012	

### 3. Research

S/ No	Researcher	Year	Title	Donor	Funding (US\$)
	1. Dr G. wambiri 2. Dr M. Ndani 3. Esther Waithaka	2017	Empowering Parents for Quality Engagement in Children's Reading: Developing a Needs Based Training Guide	VC research grants	
	Dr Esther	2016	Use of play for teaching and Learning in Kenyan Pre schools		
	Dr Esther Waithaka	2016	Bullying and violent behavior in Early Childhood Centers		

	Dr Esther Waithaka	2015	Parents' and Teachers' perceptions on use of Mother tongue as a medium of instructions in Early Childhood, in Kiambu County	-	.
	Dr Esther Waithaka	2015	Children's Voices on the Quality of Preschool Experiences		
	Dr Esther Waithaka	2014	Parents' Involvement in their children's play in Kiambu County		
	Dr Esther waithaka	2013	Teachers' perceptions on Children's play, in Kiambu County		
	Dr Esther Waithaka	2009	Children's Involvement in Play and Games in Early Childhood Centres in Kiambu County.	Kenyatta University	Kshs 35,000

#### 4. Publications

S/No.	Author	Year	Title	Journal	ISBN/ISSN Reference No.
	Petra Okello & Esther Wathaka	2019	Role of Boys' Empowerment on Achievement among Lower	International Journal of Current Aspects ijcab	ISSN 2616-6976

			Primary School Boys in Mombasa County, Kenya		
	Kenneth Odhiambo Okelo, Esther Waithaka & Maureen Mweru Kenyatta University	2018	Teacher Characteristics that Influence Development of Oral Language Skills among Pre-Primary School Pupils in Nairobi City County, Kenya.	African Journal of Teacher Education	<b>ISSN 1916-7822. A</b> <b>Journal of Spread Corporation</b>  <b>Vol.7 No. 3</b> <b>2018 Pages 50 - 63</b>
	Phyllis Asaji Wijenje, Esther Waithaka	2018	The Role of Playground Facilities on Preschool Children's Participation in Outdoor Play Activities in Mombasa County, KENYA	European Journal of Education studies	<b>ISSN 2504-1111</b>
	Kinuthia Lucy Wanyora, Catherine Gakii Murungi, Esther Njeri Waithaka	2018	To what extent do teachers use school homework, as a method of teaching-learning in pre-primary schools?		<b>ISSN: 2574-9889</b>
1.	Phyllis Moraa Magoma, Esther Waithaka & Teresa Mwoma	2018	Family Class and Parents' Level of Education as	European Journal of Education studies	ISSN 2501-1111 Volume 4, Issue 4, 2018

			Determinants of Pupils' Readiness to Learn Mathematics in Primary Schools in Kasarani Sub-County, Kenya		
2.	Fatima Abdulwahab, Nyakwara Begi & Esther Waithaka	2017	Use of Mother Tongue in Teaching Mathematics in Lower Primary School Classes in Yola Metropolis : An Empirical Survey	Journal of Education and Human Development	ISSN: 2465-7468 Volume 9, Number 4
3.	Dr Waithaka	2017	Choice of the Medium of Instruction in Kenyan Pre-Schools: Averting Xenocentrism	Journal of Education and Practice Vol 8, No. 9 (2017) 210-216	ISSN (Paper) 222-1735 ISSN (online) 222-288X
4.	Richard Arisa & Dr Waithaka	2016	Child Emotional Abuse in Pre – Primary schools in Ekerenyo Zone nyamira County, Kenya	Conerence proceedings Volume 2	ISBN 978-9966-083-45-6
5.	Dr Waithaka	2012	Children's Involvement in informal play and games	<i>Journal of the International Society for Comparative Physical Education and Sport</i> vol 34 , No.2	ISSN:1443-0770
6.	Dr Esther Waihaka	2011	Children's Involvement in play and Games		

			in Kiambu West and Kiambu East Districts, Kenya		
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### 5. Consultancy and community service

S/No.	Consultant (s)	Consulting Person/ Body/ Organization	Year	Title Consultancy Service	Payment (US\$)
	Dr Esther Waithaka	PCEA Sukari Parish		Facilitation of Parents, children and teachers' play	
	Dr Esther Waithaka	CHI Academy	November 2018	Guest Speaker: Parenting	
	Dr Esther Waithaka	PCEA Ruiru Town School	October 2018	Guest Speaker: Maintaining Discipline	
1.	Dr Esther Waithaka	Green Arcorn Academy	November 2017	Guest Speaker: Treating each child as an individual	
2.	Dr Esther Waithaka	Sukari Presbyterian Academy	October 2017	Guest Speaker <i>Nurturing Self Confidence</i>	
3.	Dr Esther Waithaka	Presbyterian Church Kahawa Sukari	August 2017	Guest Speaker <i>Importance of Exercise</i>	
4.	Dr Esther Waithaka	Gladways Academy	May 2017	Guest Speaker <i>Parents' Role in preparing KCPE candidates</i>	
5.	Dr Esther waithaka	PCEA Kariobangi South	April 2017	Speaker <i>Family matters</i>	

6.	Dr. Esther Waithaka	Compuera Academy	September 2016	Guest speaker: <i>Becoming a better me</i>	
7.	Dr. Esther Waithaka	PCEA Othaya Presbytery	August 2016	Speaker <i>Attitudes and skills for Children's Ministry</i>	
8.	Dr. Esther Waithaka	Gladways Academy	November, 2015	Participated in the review of Programmes	
9.	Dr Esther Waithaka	Kahawa Sukari Sports Academy (KASSA)	2014	Participated in Developing youth and Children's Sports Programmes	
10.	Dr. Esther Waithaka	Carile College: Children Ministry Centre for Urban Mission	2011	Parenting manual for Families Living in Slums	

## 6. Affiliation to Professional Bodies

S/No	Name of professional body
1.	International Society for the Study of Behavioural Development ( <i>ISSBD</i> )
2.	Member of Creche Kenya
3.	Member of International Play Association
4.	Member of Board of Management Gladways Academy
5.	Member of KUTV sub-committee on Children's Programmes
6.	Member of Early Childhood Professional Association Kenya(ECPAK)

## 7. Supervision of postgraduate students (if any)

S/No	Name of student	Status of project/ Thesis
1.	Petra Okello	Graduated in July 2019
2.	Elisha Kithungu Philip	Graduated in July 2019
3.	Hellen Mugure	Graduated



4.	Fatima Abdulwahab Umar	Graduated
5.	Zaccheas Ollando	Graduated
6.	Phyllis Wijenje	Graduated
7.	Nicholas Kariuki	Graduated December 2017(Med)
8.	Kenneth Okello	Graduated December 2017(Med)
9.	Dinah Machira	Graduated December 2017(Med)
10.	Fredrick Njoroge	Graduated December 2017(Med)
11.	Virginia Musoga	Graduated August 2017(Med)
12.	Mukami Kabuthi	Graduated August 2017(Med)
13.	Hannah Wayua	Graduated August 2017(Med)
14.	Mukami C. Daniel	Graduated August 2017(Med)
15.	Donvan Amenity	Graduated July 2016(Med)
16.	Phillis Magoma	Graduated July 2016(Med)
17.	Josephine Tinega	Graduated July 2016(Med)
18.	Chrisanto Manyara	Graduated July 2016(Med)
19.	Lucy Kinuthia	Graduated Dec 2015 (Med)
20.	Elizabeth Ndugo	Graduated Dec 2015(Med)
21.	Mary Aoko Joseph	Graduated July 2015 (Med)
22.	Daphina Libent	Graduated July 2015(PhD)
23.	Phillis Wainaina	Graduated July 2015(Med)
24.	Esther Kuria	Graduated July 2015(Med)
25.	Richard Arisa	Graduated Dec 2014 (Med)
26.	Johnas Tarimo	Graduated July 2014 (Med)
27.	Francis Kiragu	Graduated July 2014 (Med)
28.	Moses Abiero	Graduated Dec 2013(Med)
29.	Benard L. Ashiono	Graduated July 2013 (Med)
30.	Willy Mwangi	Graduated October 2010(Med)

#### 8. Administrative positions held to date-

- Acting for Director Accommodation
- Member of School Education Annual Conference committee
- Departmental Kucocop coordinator 2015 to-date
- Departmental Coordinator Institutional Based programme 2013 to-date
- Member of the Postgraduate Board in the School of Education 2010 to-date
- Mentor for students Kenyatta University 2010 to-date

**Please send the completed form to: [webmaster@ku.ac.ke](mailto:webmaster@ku.ac.ke)**